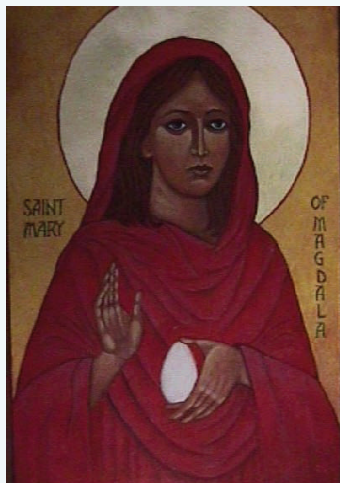


Restoring Balance to the World: Hoops of Honor

Sunday morning worship services begin at 10:00am

First Sunday: *Honoring the Guest*



Sunday April 5th we shall experience and explore the Christian Easter message with a service inspired by Orthodox practices with deep conversation shared by Ann Holmes Redding, Rabbi Ted Falcon, and Imam Jamal Rahman.

Honoring the Guest: Interfaith Worship Series ~ Exploring Diverse Faith and Spiritual Traditions is one aspect of the interfaith ministry of Rev. Karen Lindquist and has been ongoing in our sacred space since 1998.

Second Sunday: *Universal Worship*



Sunday April 12th we will explore the spiritual discernment of the month the “**Hoop of the Village.**”

The **Universal Worship** recognizes that all religions originate in the same Truth. All of the great teachers and prophets have reflected this truth to humanity in their own way. The same power that inspired them continues to move through and guide our own lives. Through communal prayer, meditation, and practice we engage with the power and energy of this continuous revelation, becoming a radiant vessel of light and truth for the benefit of all beings.

Cherags Michael Douglas, Karen Lindquist, and Sally Jo Gilbert de Vargas offer the Universal Worship service on second Sundays.

Third Sunday: *Imam Jamal Rahman*



Compassionate Seattle
Awakening compassion in our children, ourselves and our world.

Sunday April 19th Jamal Rahman and Jon Ramer join together to co-create a worship service inspired by the Compassion Seattle Co-opetition “**Love This Place! Serve the Earth Week.**” Let’s transform our love for those we care about and our love for this place into compassionate action for the Earth and all its inhabitants.

Our monthly **POTLUCK luncheon** follows the morning worship.

Jamal Rahman is co-founder and co-minister of Interfaith Community Sanctuary. He works closely with a Rabbi and a Pastor to bring understanding and religious harmony to the world. Together they are known affectionately as The Interfaith Amigos. Read more here: InterfaithAmigos.com and here: JamalRahman.com .

Fourth Sunday: *Honoring Our Community*

Sunday April 26th,

Rev. Karen Lindquist will weave together the morning worship service with Message and Ritual focused upon the spiritual discernment for the month, the “**Hoop of the Village.**”

We are a community that values bringing to light voices that are rarely heard. On fourth Sundays,

Rev. Karen Lindquist, with Associate Ministers Sibyl Lundy, David Heitmiller and Linda Stern, honor our community by inviting members to share in all aspects of the monthly worship service. These services are creative, enlivening and uplifting for all.



Fifth Sunday: *Deep Spiritual Practice*



On fifth Sundays we offer deep experiences of shared spiritual practice from diverse traditions.

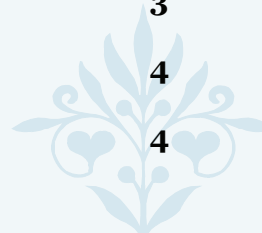
Sunday May 31st we welcome the local **The Circle of Coll** a seed group of **The Order of Bards, Ovates and Druids** of **East Sussex, England** who will share a **Nature ritual.**

This will be the third year that The Circle of Coll has visited our community. Two years ago they gifted us an oak tree after our holly tree was taken down. Last year they brought a fairy house that now lives in the east garden.

The Circle of Coll works with Druidry as a spiritual way and practice filling a desire to be fully creative, to commune deeply with the world of Nature, and to gain access to a source of profound wisdom. See websites: circleofcoll.org and druidry.org.

Inside this issue:

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Visit our website for more!	



Ongoing Classes & Devotional Gatherings



Self Care: Boomers and Beyond

Wednesday mornings 10am



Self-care---physical, mental, and spiritual, is vitally important in the years moving toward our retirement years---and beyond.

If our intention is to spend our golden years living peacefully and enjoying life, friends cheering us into setting and making self-care goals can be very helpful.

Join a community of like-souled friends at Interfaith Community Sanctuary each Wednesday, from 10-11am, where we will take the time to go inside for guidance, encourage each other to set and meet self-care goals, celebrate our successes, and generously be in compassion and mercy those times we fall short.

We meet in the Healing Room upstairs. We will take a love offering for Interfaith Community Sanctuary ---keeping our sacred space in the light!!!

Questions? Give Jamila Donna a call, 512-775-7126, or e-mail, donnajamilacf@gmail.com.

Listening from the Heart Circle

Friday evenings 7:15 pm

Beloveds:

Do you find yourself wishing people would just listen to you??? And not just offer advice?? OR Do you wish you could listen more, and not wait for the other person to stop talking a moment, so you can give advice???

I am in the Peacemaking Masters at Sufi University learning how to listen from a deeper place in my heart and soul. In our Masters program, we call it 'Listen From Your Heart'.

I am noticing great results in my own life and would like to share with you what I am learning!!!! To this end, I am doing a group at Interfaith, limited to 6 people, so we have plenty of time to practice in class, and share our everyday life experiences.

Listening From the Heart will give you the skills to drop into that deep place of inner knowing of your own truth, and to help others do the same.

DETAILS:

Fridays 7:15pm-8:30pm at Interfaith Community Sanctuary. We will meet in the Healing Room.

Cost: whatever love offering your heart guides you to give. Money will go to ICS.

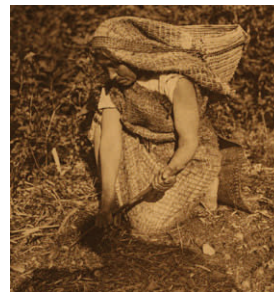
Peace and Blessings,
Donna Jamila Crews...
www.BoomerWomanBucketList.com

Women's SiSiWiss Gathering

Every other Wednesday evening 6pm

This gathering shares First Peoples Northwest Coast traditions and teachings with song, story, dance. Bring drums, rattles, bells... If your way is open, please bring a potluck dish to share. All Women and all children welcome. Please Note: This is a clean and sober gathering. Facilitator: Siswinklae Katrina Laurel Boucher.

Image: A Northwest Coast woman digs for root bulbs on Vancouver Island.



A Course In Miracles

First and Third Tuesday evenings 7 pm

"Heaven is not a place or a condition. It is merely an awareness of perfect oneness." ~ A Course in Miracles

A Course In Miracles at Interfaith Community Sanctuary is an ongoing study group on course related topics.

All are welcome whether you are new to the course or a long time student. There are no fees or dues.

A Love Offering is collected for use of the sacred space.

Contact facilitators: Theresia 206.999.6987, Jonathan 206.713.1237.

Healing Circle with Tsukina Blessing

Second Sundays Noon to 1 pm



Join us strengthening our own wellbeing through meditation, breath, and sound, then offering ourselves as a vessel for the healing power of the Ultimate to pour through for people, places, and the planet in a Sufi healing ritual.

May we be of service in healing others and the world.

"Consciously or unconsciously, every being is capable of healing himself or others." - Hazrat Inayat Khan

Tsukina Blessing is a healing conductor in both the Sufi and Dervish Healing Orders. She has studied healing for more than 25 years, including acupressure, Raphaelite Work and Reiki.

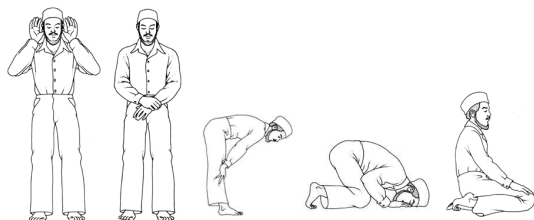
Friday Prayers

Fridays 1:30 pm

All friends are invited to attend Friday Prayers beginning at **1:30pm** in our Healing Room.

The congregational prayer and the weekly message is offered by Ann Holmes Redding, Ann Paxton El-Moslimany, Samia El-Moslimany and Jamal Rahman.

Come to witness, observe, learn, or to pray with us. No experience necessary— just come with an open heart.



Special Event—Fundraiser

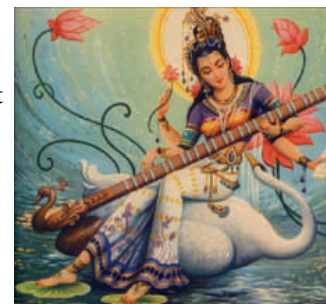
Saraswati Nights

Second Saturday evenings 7 pm

An evening of Interfaith Kirtan, Call and Response Chanting, Healing Songs, and Mystical Poetry with Suniai and Friends at Interfaith Community Sanctuary. Come and Bathe in the River of Love and Delight! Love Offering!

Invite friends!

All are welcome to chant, dance, or simply enjoy the healing frequencies.



This gathering of friends is a benefit for Interfaith Community Sanctuary Building Fund and SAMC (Suraiya Aatur Medical Clinic) in Chondipur Village, Bangladesh. Read more on our website: <http://interfaithcommunitysanctuary.org/index.php/projects/bengali-village/>



Interfaith Community Sanctuary

April 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>Our 2015 Spiritual Discernment</u></p> <p>“Restoring Balance to the World: Hoops of Honor.” the inspiration of First Peoples visionary artist Silversong Belcourt as shared by storyteller Doug Banner.</p> <p>In April we focus on the fourth hoop, the “Hoop of the Village.” We celebrate Teachers and Mentors and carriers of tradition. <i>[Read more on the back page of this bulletin.]</i></p>			1	2	3	4
			Self Care: Boomers and Beyond 10-11am [HR]		Friday Prayers 1:30pm [HR] Listening from the Heart Circle 7:15–8:30pm [HR]	\$ Arabic Class 10am–12noon [FH]
5 10am Worship Exploring the Christian Easter Message Guiding Council mtg 11:45am SEDER SET UP KITCHEN PREP	6 SEDER SET UP KITCHEN PREP \$ Class Jamal 7-9pm [FH]	7 SEDER SET UP KITCHEN PREP No ACIM tonight	8 Self Care: Boomers and Beyond 10-11am [HR] INTERSPIRITUAL SEDER led by Rabbi Ted Falcon with deepening by Ann Holmes Redding and Jamal Rahman 6pm	9 SEDER TAKE DOWN CLEAN UP KITCHEN CLEAN UP	10 Friday Prayers 1:30pm [HR] Listening from the Heart Circle 7:15–8:30pm [HR]	11 \$ Arabic Class 10am–12noon [FH] Saraswati Nights 7pm
12 10am Worship Universal Worship Healing Circle Noon – 1pm	13 \$ Class with Jamal 7-9pm [FH]	14	15 Self Care: Boomers and Beyond 10-11am [HR]	16	17 Friday Prayers 1:30pm [HR] Listening from the Heart Circle 7:15–8:30pm [HR]	18 \$ Arabic Class 10am–12noon [FH]
19 10am Worship Jamal Rahman with Jon Ramer “Love This Place!...” Potluck	20 \$ Class with Jamal 7-9pm [FH]	21 ACIM 7-8:30pm [HR]	22 Self Care: Boomers and Beyond 10-11am [HR] Women’s SiSiWiss Circle 6pm [FH]	23	24 Friday Prayers 1:30pm [HR] 3-5pm RENTAL [HR] Karen & Michael Listening from the Heart Circle 7:15–8:30pm	25 \$ Arabic Class 10am–12noon [FH]
26 10am Worship Honoring Our Community Gender Reconciliation group 1–4pm [FH]	27 NEW CLASS with JAMAL: “Spirituality & Activism” 4/27– 6/22 (no class 5/18) Mondays 7pm–9pm To register, email sallyjogilbert@gmail.com	28	29 Self Care: Boomers and Beyond 10-11am [HR]	30		KEY [S] Sanctuary [FH] Fellowship Hall [HR] Healing Room \$ = Fee for this gathering. Contact instructor.

APRIL 2015

Interfaith Community Sanctuary

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www.interfaithcommunitysanctuary.org

Our Spiritual Discernment for 2015



"Restoring Balance to the World: Hoops of Honor"

the inspiration of First Peoples artist and visionary Silversong Belcourt as shared by storyteller Doug Banner.

These Hoops of Honor are based upon the prophecy: *"When the earth is suffering and we see our children suffering there will come a generation that will restore Honor for all people."*

The ancient Tsalagi (Cherokee) creation story states that our purpose for being here is to realize the Great Mystery. When the two legged, the four legged, the swimmers, the fliers, the natural world, and the mineral world live in harmony the world will come into balance. The mystery carries us around the great circle. Humanity spins body, mind, and spirit around the axis mundi of creation. Together, by tracing our roots to the great tree of peace, by living in right relation with all things we make whole the sacred hoop.

JANUARY

Hoop of Life: This is represented in the Hoop of the mother's skirt. Celebrating the contributions of Women to the hoop of life through motherhood and all that signifies from birth to death. We celebrate the potential of maiden, the life giving force of mothers, the nurturing power of the matron and the wisdom of the grandmothers. We celebrate the Healers and Caretakers of all things.

FEBRUARY

Hoop of Honor: This is represented in the hoop of the father's arms. We celebrate Men. We honor the warriors and their sacrifices to protect their families, the home and the community. We celebrate the nurturing power of men as providers and protectors, and the wisdom of the grandfathers. We celebrate Sacred Warriors and Guardians of correct action.

MARCH

Hoop of the Home: Represented as the walls of the home, or the hoop of the tipi. Children are celebrated, for a home truly comes into its own when there are children present. We celebrate innocence, creativity and play. We celebrate Builders, both material and relational.

APRIL

Hoop of the Village: Teachers are celebrated here as the purveyors of tradition. It is the teacher's responsibility to teach children how to be positive, productive citizens of the community and nation. Teachers help children understand the value of tradition and the wisdom of the elders while supporting them to create their own future. We celebrate the Mentors and carriers of tradition.

MAY

Hoop of the Nations: A group of villages that share common cultural and traditional values makes up a nation. Leaders represent the need for balance and wisdom so that different nations may live in peace. Ideally,

Leaders bring forth the values of tradition and the wisdom of time with the vision of a future of peace and honor for all. We celebrate leaders at every level who represent these qualities. We celebrate Communicators and speakers to all tribes at all levels.

JUNE

Hoop of the Earth: This is represented as the circle of the Earth as seen from space. We celebrate the Elders who carry the wisdom of time, experience and tradition. They know the value of reverence for the earth. We honor the Elders and provide a place for them to share their knowledge and wisdom. We listen to Elders with reverence, respect, and appreciation. We celebrate the Keepers of Ritual and Keepers of the Cycle of the Year such as farmers and gardeners.

JULY

Hoop of the Sky: Represented in the bowl of the Sky with Father Sun, sister Moon and all our relations among the Star People. We celebrate Artists who commune directly with the creator. They make the intangible tangible. Artists celebrate all the hoops in their creative representations in painting, music, dance, writing. Their work helps us to remember our connection to the Creator and ourselves. We celebrate the Astronomers and those who possess planetary understanding.

AUGUST

Hoop of the Universe: In this hoop we honor the creative energy that is the Universe. Many speak of this energy as the Creator. We bring Spiritual Leaders to this circle for they are our guides and teachers on the many pathways to God. All are equal. All are correct. Each of us has the right to choose and we honor and celebrate that choice in this circle. We celebrate those who bring inter-religious understanding.

SEPTEMBER

Hoop of All My Relations: In this circle we celebrate Relationships to all that exists. We are all children of the same God. Animal, vegetable, mineral, the two legged, the four legged, the fliers, and the swimmers are all celebrated in this circle.

OCTOBER

Hoop of Intention: This is the hoop of Intentional Action. Right action requires respect, acceptance, gratitude, appreciation, harmony, love, compassion, deep caring connectedness and love. What are the issues to which we are willing to commit ourselves and our lives? What is missing to build a life we love in a world we love to live in? In this circle we are asked to commit ourselves to something and set a clear intention as to how we will work to make a better world for all. We celebrate the Scientists and the seers of possibilities.

NOVEMBER

Hoop of Celebration: We have now worked hard and with clear intention. It is now time for the Sacred Party, the Pow Wow. We bring together everything and everyone we have honored and celebrate the gifts brought, shared and created. With music, dance, song, stories, art and food we celebrate all that it means to be people of Honor walking on this Earth. We celebrate the Timekeepers, the Drummers and Musicians.

DECEMBER

Hoop of the Creator: All that happens is in, with, and through the Creator. We are embraced in the Creator's loving arms. In this Hoop we recognize that all things in the world are cyclical. The seasons, birth and death and rebirth, the water cycle, the carbon cycle, and the cycle of the Hero's Journey. Things begin, they progress for a while, and then they end. The waters of the oceans turn to clouds, to rain, to rivers and back to the ocean. Here we celebrate the end of a 12 month cycle knowing that in the next year we will begin again. Like the representation of the never-ending Celtic knot, completion does not mean the end. It is the breath we take between acknowledging what we have created and what new call will emerge. We celebrate the Cosmos.