



Sufi Healing 101: Experience Peace in Turbulent Times!

In a small groups setting we will practice basic Sufi Healing skills, then apply them to situation in our own lives. We gather two times each month, one evening and one morning. Wednesday evening dates: Oct. 11, Nov. 8, Dec 13. Time: 7-8:30pm.

Thursday morning dates: Oct. 19, Nov. 16, Dec. 21. Time: 10-11:30am.

Location: Interfaith Community Sanctuary (1763 NW 62nd Street, Ballard 98107)

Cost: Donation to I.C.S. Suggested: \$25—\$35. Questions? Email, Donna Jamila Crews donnajamilacf@gmail.com or call 512-775-7126.