



Interfaith Community Sanctuary



September 2014

www.interfaithcommunitysanctuary.org

206.783.1618

1763 NW 62nd Street Seattle WA 98107

Sunday Morning Worship Gatherings — Spiritual Activism Principle: “What You Attend To, You Become”

First Sunday September 7th Honoring the Guest ~ Interfaith Worship Series:
“Journey with the Psalms”
Timothy P. Kinsella & Emine Meg Savlov

Second Sunday September 14th
UNIVERSAL WORSHIP: “What You Attend To, You Become”
with Cherags Michael Douglas, Karen Lindquist, Linda Stern,
Sally Jo Gilbert de Vargas, Vanessa Newell

The Book of Psalms is accepted and revered as divine wisdom by all three Abrahamic faiths. Certainly, with timeless poetic themes of praise, joy, thanksgiving, pilgrimage, collective and individual lamentation, and supplication, they speak to a broad range of common human experience, and can serve well as a strong, colorful thread in the vibrant tapestry of interfaith.

Intended as songs addressed to God, they have functioned as items of musical worship for centuries in various settings across cultures, empowering prayer with music. "A Journey with the Psalms" explores some of the important elements and themes of the psalms, their importance to the Abrahamic faiths, and their musical settings across cultures.

In the **Universal Worship**, we turn toward the source of all spiritual revelation and let it shine into our selves, our communities, and our world. Honoring all the wisdom traditions of humanity equally, we join in an ongoing cosmic celebration with all of creation, from the mineral to the angelic.

The **Universal Worship** recognizes that all religions originate in the same Truth. All of the great teachers and prophets have reflected this truth to humanity in their own way. The same power that inspired them continues to move through and guide our own lives. Through communal prayer, meditation, and practice we engage with the power and energy of this continuous revelation, becoming a radiant vessel of light and truth for the benefit of all beings.

The **Guiding Council** meets at 11:45am.

Healing Circle with Tsukina Blessing in the Lavender Room **Noon — 1pm**

Third Sunday September 21st
International Day of Peace with Jamal Rahman
Traditional, contemporary, and original Japanese koto music will be shared by Chigusa Kitai [SilkStrings Koto Ensemble](#)

Fourth Sunday September 28th
Navaratri: Celebrating Durga, Lakshmi, & Saraswati
with Rev. Karen Lindquist

“Truly in the Remembrance of God do hearts find Peace.” (13:28 Qur’an)

Imam Jamal Rahman, originally from Bangladesh, has an abiding faith in the power of heart-to-heart connections to encompass differences and dissolve prejudices. Jamal’s passion lies in interfaith community building. He remains rooted in his Islamic tradition and cultivates a "spaciousness" by being open to the beauty and wisdom of other faiths. By authentically and appreciatively understanding other paths, Jamal feels that he becomes a better Muslim. View Jamal’s Minister’s webpage [here](#).

Jamal’s latest book, "Sacred Laughter of the Sufis: Awakening the Soul with the Mulla’s Comic Teaching Stories & Other Islamic Wisdom" will be available for purchase after the service.

“Navaratri” is the Hindu Festival of nine nights when nine forms of Devi Durga (the Supreme Deity in female form) are worshiped. Navaratri is understood to be a journey from the outer world of names and forms to the subtle world of energies. It is an annual cycle of rebirth occurring over nine days. Just as our nine month gestation in the womb created us anew, so to the Navratri Festival renews us and the world. It is celebrated in three sets of three days to adore three different aspects of the supreme goddess: Durga, Lakshmi, and Saraswati. Within in this worship celebration, we will explore these goddesses, these energies, and receive their blessings.

Spiritual Activism Transformative Learning Circle
1:00-3:00pm 4th Sundays in the ICS Fellowship Hall

Our monthly **Potluck** follows the morning worship.



Rummage Sale!
Saturday September 13th
10am — 4pm

Art, Books, CD’s, Clothing, Crafts, Electronics, Furniture, Housewares, Jewelry, Kitchen, Musical Instruments, Novelty, Tools, Toys, Vintage, Unique...

All donations must be clean and in good working order!

Donations may be received by appointment beginning 9/1.

Questions about donations?
Call: 206.783.1618 or email:
info@interfaithcommunitysanctuary.org

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Our Spiritual Discernment for 2014:
“Principles of Spiritual Activism”
 by Will Keepin

A Gathering to Protect the Sacredness of the Salish Sea

September Principle Spiritual Activism: “What You Attend To, You Become”

Your essence is pliable, and ultimately you become that which you most deeply focus your attention upon. You reap what you sow, so choose your actions carefully. If you constantly engage in battles, you become embattled yourself. If you constantly give love, you become love itself. Each one of us is entirely responsible for our particular life, and for what we choose to serve.

The principle will be shared in this space each month:

*William Keepin, PhD, is co-founder of Satyana Institute and Gender Reconciliation International with his wife Cynthia Brix. Will has practiced silent meditation for 30 years, trained extensively in spiritual traditions East and West, and leads retreats on interspiritual mysticism and practice. A physicist and former whistleblower in nuclear science, his books include *Divine Duality* and *Song of the Earth: A Synthesis of Scientific and Spiritual Worldviews*.*

You are invited to a very special, indigenous-inspired Gathering to Protect the Sacredness of the Salish Sea. The event will offer an afternoon of broad, multi-national, multi-cultural blessings, stories, presentations, ceremonies and a special Salmon Bake. The event is being keynoted by First Nations leaders Ruben George of the Tsleil-Waututh Nation and Hereditary Chief Phil Lane Jr.; it will be held at Daybreak Star Indian Cultural Center (5011 Bernie Whitebear Way, Seattle, WA 98199) on Sunday, September 7th, from 2:00 to 7:00 pm.

The Salish Sea is at the core of our bioregion, one of the world's largest and biologically rich inland seas. It is the unified bi-national ecosystem that includes Washington State's Puget Sound, the Strait of Juan de Fuca and the San Juan Islands as well as British Columbia's Gulf Islands and the Strait of Georgia. The name recognizes and pays tribute to the first inhabitants of the region, the Coast Salish.

This unique coastal environment has supported thriving First Nations communities for thousands of years. However, over the past 100 years, it has been deeply impacted by our pollution-based economy and the threats to the habitat are accelerating with the rush to increase the movement of fossil fuels through our region without thorough study of the adverse environmental and social impacts. The Coast Salish Tribes are now taking a stand to honor and preserve their ancient spiritual connection to the Salish Sea. This is the time for all of us whose lives are enriched by this land to stand in solidarity with them, valuing and safeguarding the heritage and defending and restoring the ecosystem for future generations.

Northwest Interspiritual Community Outreach (NICO) and our interspiritual community network with the endorsement of the Church Council of Greater Seattle are proud to support the Gathering to Protect the Sacredness of the Salish Sea and we strongly encourage you to come and bring your congregations, families and friends along. We will be drawn into the indigenous way that weaves a holistic circle around all issues. We will experience the stories of First Nations Elders as they share how the Salish Sea is the lifeblood of their people. You will learn about the issues, share story and ceremony with local indigenous tribes, consider a menu of options for action and be invited to enter

a pathway of solidarity with a growing community of kindred spirits committed to taking unprecedented unified action to protect the sacredness of our land, waterways and life forms for ourselves and our grandchildren.

Don't miss this rare opportunity to gather as one with people of all faiths, and none, and learn, share and celebrate the quality of life that we all yearn for.

Please register now to reserve your \$20 ticket:
www.brownpapertickets.com/event/832983
 (no one will be turned away).

Deep blessings,
 John Hale, Northwest Interfaith Community Outreach, Compassionate Seattle, jehale@earthlink.net

Michael Ramos, Church Council of Greater Seattle, mramos@thechurchcouncil.org

Karen Lindquist, Interfaith Community Sanctuary, info@interfaithcommunitysanctuary.org



Holy Convergence!

Sunday September 28th
 2-4pm Seattle University
 Casey Commons. **Free!**

Come learn about the Holy Days of 5 major world religions converging in September/October:
 Navaratri, Waqf al Arafah and Eid al Adha, St. Francis Feast Day, Bodhidharma Day, Sukkot.



Presenters are young leaders in their traditions and all will share in a lively and collaborative atmosphere. This gathering is an offering of The Interfaith Network of WA. Please RSVP:

<http://www.brownpapertickets.com/event/844112>

Healing Family Lineage

Do you feel 'stuck' in certain areas of your life, like \$, relationship, unmet goals? No matter what you try, nothing seems to work? You really don't know where to turn for help??

Family Lineage Healing looks at dysfunctional beliefs and patterns passed from our grandparents, to our parents, through us, and to our children.

Beliefs such as 'if you are not busy, you are lazy.' Or 'others feelings are more important than my feelings.' Or 'you better work hard or you will never get ahead'.

- I invite you to a weekly group where you will learn:
1. What is Family Lineage Healing?
 2. Identify dysfunctional patterns in your family.
 3. How to heal these patterns, bringing success into your life.

Details:

1. Wednesdays 10am — 11am beginning May 7th
2. Cost—donation to Interfaith to keep lights on!!!

Please e-mail me, donnajamilaci@gmail.com, or call, 512-775-7126, and I am happy to answer questions or sign you up!!!

Listening from the Heart Circle

Beloveds:

Do you find yourself wishing people would just listen to you??? And not just offer advice?? OR Do you wish you could listen more, and not wait for the other person to stop talking a moment, so you can give advice???

I am in the Peacemaking Masters at Sufi University learning how to listen from a deeper place in my heart and soul. In our Masters program, we call it 'Listen From Your Heart'.

I am noticing great results in my own life and would like to share with you what I am learn-ing!!!! To this end, I am doing a group at Interfaith, limited to 6 people, so we have plenty of time to practice in class, and share our everyday life experiences. Listening From the Heart will give you the skills to drop into that deep place of inner knowing of your own truth, and to help others do the same.

DETAILS:

Fridays in May 7:15pm-8:30pm in ICS in LR and FH. Cost: whatever love offering your heart guides you to give. Money will go to ICS. Peace and Blessings,
 Donna Jamila Crews... www.BoomerWomanBucketList.com

Friday Prayers

1:15pm in the ICS Healing (Lavender) Room



Join us in sharing Islamic prayers with Ann Holmes Redding and new members of Interfaith Community Sanctuary, Ann and Samia El-Moslimany

with friends & members on the second Friday each week at 1:15pm in our Healing (Lavender) Room. Men and women are invited. Friends interested in learning Islamic prayer, friends interested in experiencing Islamic prayer, and friends curious about Islamic prayer are all welcome!

“Seeking the Heart's Universal Elixir” — a spiritual development class with Imam Jamal Rahman (www.jamalrahman.com).

“True love is nothing but drinking the wine of eternity.” — Mevlana Rumi

“The sea is full of pearls, but the number of pearl-divers is few.” — ‘Imad al-Din Faqih Kirmani

7 weeks: Monday evenings September 8th — October 20th. Time: 7:00—9:00pm. To Register: email, sallyjogilbert@gmail.com.

Cost: \$160.00, includes study text “Love’s Alchemy”* by David + Sabrine Fiedler. *Gleaned from the original Persian sources. “Love’s Alchemy,” offers elegant translations in concise, focused meditations revealing worlds of meaning in a few lines. The Sufi poems explore aspects of human life and the spiritual path, centering on the liberating power of Love!





September 2014



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>September's Principle of Spiritual Activism:</p> <p>“What You Attend To, You Become”</p>	1	2	3	4	5	6	
<p>7 Worship 10am</p> <p>Honoring the Guest: “Journey with the Psalms”</p> <p>Timothy Kinsella & Meg Savlov</p> <p>Guiding Council mtg 11:45am</p> <p>Gathering to Protect the Sacred at Daybreak Star Center 2-7pm \$20.00 (more info page 2)</p>	8	9	10	11	12	13	
	<p><i>\$ New class with Jamal Rahman 7-9pm (Sept 8—Oct 20)</i></p>		<p>10am—11am [LR]</p> <p>Healing Family Lineage group</p> <p>Trudy James class 7—8:30pm [LR]</p> <p>Sufi Healing [S] 7-9pm</p> <p>Kamila Shenmen</p>	<p>SisiWiss Women's Circle (Siswinklae) 6:00pm</p> <p>Circle meets in Lavender Room this night only.</p>	<p>Friday Prayers 1:15pm [LR]</p> <p>Listening from the Heart Circle 7:15-8:30pm. [FH]</p> <p>RUMMAGE SALE set-up happens all day! Please, we need ‘All Hands On Deck!’</p> <p>Volunteer sign-up in the Fellowship Hall.</p>	<p>Rummage Sale 10am—4pm</p> <p>Interfaith Chant Night 7pm</p> <p>Ballard Art Walk 6-9pm</p>	
<p>14 Worship 10am</p> <p>Universal Worship</p> <p>“What You Attend To, You Become”</p> <p>Music:</p> <p>Healing Circle</p> <p>Noon — 1pm [LR]</p>	15	16	17	18	19	20	
	<p><i>\$ Class with Jamal Rahman 7-9pm (Sept 8—Oct 20)</i></p>	<p>A Course In Miracles 7-8:30pm [LR]</p>	<p>10am—11am [LR]</p> <p>Healing Family Lineage group</p> <p>Trudy James class 7—8:30pm [LR]</p>		<p>Friday Prayers 1:15pm [LR]</p> <p>Listening from the Heart Circle 7:15-8:30pm. [LR]</p>	<p>Beginning Arabic Class 10am-Noon [LR]</p>	
						<p>Steeple Repair begins</p>	
<p>21 Worship 10am</p> <p>Imam Jamal Rahman</p> <p>International Day of Peace</p> <p>Music: Chigusa Kitai of SilkStrings Koto Ensemble</p> <p>Potluck</p> <p>International Day of Peace Vigil — Noon to _____?</p> <p>details tba</p>	22	23	24	25	26	27	
	4 Culture Grant Roof Repair (Loberg Roofing)						<p>Beginning Arabic Class 10am-Noon [LR]</p>
<p>Steeple Repair continues</p>	<p><i>\$ Class with Jamal Rahman 7-9pm (Sept 8—Oct 20)</i></p>		<p>10am—11am [LR]</p> <p>Healing Family Lineage group</p> <p>Trudy James class 7—8:30pm [LR]</p>	<p>SisiWiss Women's Circle (Siswinklae) 6:00pm [FH]</p>	<p>Friday Prayers 1:15pm [LR]</p> <p>2-4 [S] MD ChT</p> <p>Listening from the Heart Circle 7:15-8:30pm. [LR]</p>	<p>[ICS Members Spiritual Retreat 10am-4pm in Richmond Beach] All ICS Members encouraged to attend.</p> <p>BSVP ICS office voice mail: 206.783.1618.]</p>	
<p>28 Worship 10am</p> <p>Navaratri: Celebrating Durga, Lakshmi, & Saraswati with Rev. Karen Lindquist</p> <p>Music, song chant shared by Michael Douglas, Suniai, Lila Rapcewicz</p> <p>Transformative Learning Circle 1—3pm [FH]</p>	29	30	<p>RUMMAGE SALE</p> <p>Saturday September 13th 10:00am — 4:00pm</p> <p>Interfaith Community Sanctuary</p> <p>1763 NW 62nd Street—Ballard 98107</p> <p>Volunteers needed for set-up on Friday and day of sale.</p> <p>To Volunteer: sign up sheet available in Fellowship Hall</p>				
	<p><i>\$ Class with Jamal Rahman 7-9pm (Sept 8—Oct 20)</i></p>						

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Our Vision

INTERFAITH COMMUNITY SANCTUARY
1763 NW 62nd Street
Seattle, WA 98107

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info@interfaithcommunitysanctuary.org



Interfaith Community Sanctuary

Our Mission:
To be a center of light
for all seekers of divine wisdom.

Our Goal:
To encourage personal growth
in unconditional spiritual love.

Our Vision

*We are a truly interfaith community dedicated to healing and education.
We desire our Worship Celebrations and the life of the community to reflect
our interfaith openness and welcoming spirit.
Through our openness, welcoming spirit, and mutual respect, we are a center
for healing.*

We Believe Interfaith Includes the Following:

*We consider all faith and spiritual traditions as paths toward One God.
We believe each expression of God valuable.
We honor all expressions of God.
We welcome individuals from all faith and spiritual traditions.
We consider each person's path valid for him or her.
We honor the personal path of each sincere, open, honest seeker.*

We Offer the Following Affirmations:

*We seek the truth and speak our truth without fear.
We are open to hearing and learning from each other.
We reflect on our interfaith vision and nurture it in our hearts.*

Ongoing Classes & Devotional Gatherings
(Love Offering \$5-10)

MONTHLY GATHERINGS

TWICE MONTHLY GATHERINGS



HEALING CIRCLE:
Second Sunday
12:00 noon — 1pm
in the Lavender Room.

Join us strengthening our own well-being through meditation, breath, and sound, then offering ourselves as a vessel for the healing power of the ultimate to pour through for people, places, and the planet in a Sufi healing ritual. *Tsukina Blessing is a healing conductor in the Sufi and Dervish Healing Orders. She has studied healing for more than 15 years, including acupressure, Raphaelite Work, and Reiki. Email: tsukina@yahoo.com.*

INTERFAITH COMMUNITY KIRTAN!
Second Saturday evenings 6—9pm.

Come chant and sing with us! Bring your musical instruments. Please join Suniai and other musician friends for a delightful evening of chanting, kirtan, and devotional music. We will begin with a community potluck dinner at 6:00 in the Fellowship Hall. Please bring a simple dish to share. After dinner we will move up to the Sanctuary where we will enjoy live music, chanting, and general merriment together in community. Your presence will be a blessing!

A love offering will be requested. Donations support SAMC ([Suraiya Ataur Medical Clinic](#)) in Chondipur Village, Bangladesh and the Interfaith Community Sanctuary Building Fund. Suggested donation : \$10-20, or more if you can.

Location:
Right here at the Interfaith Community Sanctuary!

BALLARD ARTWALK
Second Saturday evenings 6-9pm.

Interfaith Community Sanctuary is location #34 on the map of the Ballard Art Walk. This wonderful community cultural art gathering invites art patrons to visit businesses all around Ballard where different artists are featured each month.

In our Sanctuary, we have hosted the following exhibits: "[Al-Andalus: Paredes/Paradise](#)" by Anne Barber-Shams "Icons of Light-Icons for the 21st century" by Michael Douglas [Inspire Me Mandalas](#) by Shabeena and "waiting to be rescued" by Michael Bristow.

Communal Art guided by Rev. Linda Stern in Sanctuary.

Si.Si.Wiss WOMEN'S CIRCLE meets every other Thursday evening 6:00pm in the Fellowship Hall.

This gathering shares First Peoples Northwest Coast traditions and teachings with song, story, dance. Bring drums, rattles, bells... If your way is open, please bring a potluck dish to share. All Women and all children welcome.

Facilitators: Siswinklae Katrina Laurel Boucher.

Please Note:
This is a clean and sober gathering.
Donations accepted for the space and for the teachings.
Please refer to page 3 for dates.

A COURSE IN MIRACLES:
1st & 3rd Tuesday evenings 7:00—8:30pm
in the Lavender Room.

Ongoing study group of course related topics. All are welcome whether you are new to the course or a long time student. No fees or dues. Love Offering collected for the meeting space. Contact: Theressia 206.999.6987 or Jonathan 206.713.1237.

ONE TIME GATHERINGS

Beloveds Interfaith Friends----- We would like to invite you to join us for an informal social evening, Wednesday September 10th 7-9pm when Kamila Shenmen, co-President and faculty member of USHS (http://sufiuniversity.org/about_ushs/faculty-and-staff/), will share the principles of Sufi healing, give a healing demonstration, offer ideas on how to learn more, and answer questions. RSVP: Nura Grace or Jamila Donna, [donmajamilacf\(at\)gmail\(dot\)com](mailto:donmajamilacf(at)gmail(dot)com) OR [woodfrog123\(at\)comcast\(dot\)net](mailto:woodfrog123(at)comcast(dot)net).