



Interfaith Community Sanctuary



October 2013

www.interfaithcommunitysanctuary.org

206.783.1618

1763 NW 62nd Street Seattle WA 98107

SUNDAY MORNING WORSHIP GATHERINGS: "FOLLOWING THE LIGHT: THE DANCE OF THE ELEMENTS"

First Sunday October 6
Honoring the Guest ~ Interfaith Worship Series
"The Veil Between the Worlds" with Rev. Judith Laxer



The end of October ushers in the darkest eighth of the solar year. A time when the veil between the world of the living and the world of the dead grows thin, a time when we can connect with those we call our Beloved Dead. This Ancestral connection enriches our lives, our hearts and our souls. **Rev. Judith Laxer** is the founding Priestess of Gaia's Temple, an inclusive ministry that fosters love of the Divine Feminine by honoring Nature and the qualities of compassion and relatedness. *Music by RealFolk, Dennis Griffiths, Paul Henderson and Kim Longmore.*

First Sundays is our "Honoring the Guest ~ Interfaith Worship Series" co-sponsored with United Religions Initiative Cooperation Circle, "Interfaith Circle of Love" and "The Interfaith Network" www.theinterfaithnetwork.org.

Guiding Council meets after the morning worship 11:45am — 1:15pm

Third Sunday October 20
Imam Jamal Rahman & guest Ann Barber-Shams
creator of "Al-Andalus: Pardes/Paradise" art exhibit



Jamal Rahman shares from his Islamic / Sufi spiritual tradition for his worship services.

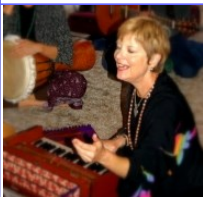
For today's worship service, Jamal is sharing the morning Message with artist Ann Barber-Shams. Website:

http://www.anneshamsart.info/Anne_Shams_Art/al-andalus_gallery.html

Jamal has co-authored two books, [Getting to the Heart of Interfaith: The Eye-Opening, Hope-filled Friendship of a Pastor, a Rabbi and a Sheikh](#), and [Religion Gone Astray; What We Found at the Heart of Interfaith](#) with colleagues, Rabbi Ted Falcon and Pastor Don Mackenzie. View his website for more: www.jamalrahman.com.

Potluck follows the morning worship.

Fifth Sunday
Sunday December 29
HeartSongs with Musician Celebrants
Yanadevi Viniko & Tim Malone, M.Div.



HeartSongs is a participatory music, song and chant worship service ...



Congregants are encouraged to bring a song, short poem or prayer to share. Together we become open to the power of Spirit and Healing Energy in silence, sound and poetry.

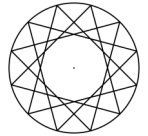
Tim's website: http://www.timmalone.org/tim_malone_bio.htm

Yanadevi Viniko is a Musician Celebrant - multi-instrumentalist, song leader, composer and improviser, co-facilitator of the "Heartsong" services at ICS.

Second Sunday October 13

UNIVERSAL WORSHIP: "Developing a Harmonizing Mind. Bringing all of our parts into balance, so we can be receptive to divine guidance."
with Michael, Karen, Linda, Sally Jo, Vanessa

The **Universal Worship** celebrates the essential unity of all religions. We light lamps and offer prayers to honor all traditions and invoke the messengers of God, known and unknown, who have appeared in all times and all places to serve and enlighten humanity. We allow this one message to enter our lives and change our being. Bathing in the presence of these living streams of revelation, we express and deepen our interfaith commitment. We explore our relationship to Divine Unity, share songs and scriptures of various faith traditions, learn to recognize the energy of divine guidance in our lives. *Michael Douglas is a Cherag (minister) in the Sufi Order International and a teaching initiate in the Mevlevi Order of America.*



Healing Circle with Tsukina Blessing in the Lavender Room Noon — 1pm

Fourth Sunday October 27
"Remembrance of Love and Loss"

co-created with Rev. Trudy James and Rev. Karen Lindquist
Chigusa Kitai of SilkStrings shares traditional and contemporary Japanese Koto.



Today's worship service, "Remembrance of Love and Loss" arrives near the observances of All Souls Day and the Day of the Dead, opportunities for us to remember loved ones who have passed on and to honor ancestors. In sacred space together we shall reflect on our personal losses and experience healing rituals to help us return to balance.

Trudy James, MRE, is a non-denominational hospital chaplain and Universal Life Church minister. www.trudyjamesheartwork.com.

Rev. Karen Lindquist is co-founder and co-minister of ICS.

Our spiritual focus for 2013 is **"Following the Light: the Dance of the Elements."** In October we look at cardinal **Air** expressed as: **"Developing a Harmonizing Mind. Bringing all of our parts into balance, so we can be receptive to divine guidance."**

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Interfaith Community Sanctuary Spiritual focus for 2013



Divine Crystal Healing Love

Following the Light: The Dance of the Elements

"There is one holy book, the sacred manuscript of nature, the only scripture which can enlighten the reader." – Hazrat Inayat Khan

The human being is viewed in many traditions as a reflection of the cosmos, made "in the image of God". The light of our souls symbolically reflects the light of the sun. Accordingly, we can experience the annual passage of the sun through the zodiac as a cycle of personal growth and transformation. As we move through the seasons, the elements of Fire, Air, Water and Earth merge and separate in harmony with the natural cycle, reflecting both in the weather and in our inner lives. By paying attention and attuning to the rhythm of the year, we ourselves become harmonized and are able to move with more grace and freedom in the world.

The astrological signs are one set of symbols that has been traditionally used to describe this sacred cycle of twelve. Together they form a map of the complete human being. Well before they were used as personality types, they helped us understand the nature of time and creation.

What opportunities for change and deepening do they offer us now? When we attune our prayers and practice to these energies, we can use this traditional knowledge to move once again in harmony with the flow of life. Each time of year can be a doorway for inner work and spiritual transformation.

Below is a month by month look how we will be "Following the Light" in 2013:

January: Capricorn - cardinal Earth
The Soul of Earth. Re-establishing connection with the soul of the world.

February: Aquarius - fixed Air
Embodying Our Ideals. How our thoughts create the future.

March: Pisces - mutable Water
The Oceanic Spirit. Transcending individual boundaries. Releasing limitations that inhibit connection.

April: Aries - cardinal Fire
The Creative Fire. The energy of initiating action, of beginning. Life moving forward. Establishing our power to create our lives.

May: Taurus - fixed Earth
The Willpower of Earth. Building healthy structures in our lives. Coming together solidly. Constructing strong but flexible belief systems.

June: Gemini - mutable Air
Reflective Consciousness. Working with the relationship of self and other. Balancing of masculine & feminine energies.

July: Cancer - cardinal Water
Developing Emotional Intelligence. Attaining inner equilibrium. Using the subconscious consciously.

August: Leo - fixed Fire

The Fire of Life. Living in the flames. Digesting the experiences of life.

September: Virgo - mutable Earth
Transforming Our Habits. Responding to our observed patterns with clarity. Moving toward right action.

October: Libra - cardinal Air
Developing a Harmonizing Mind. Bringing all of our parts into balance, so we can be receptive to divine guidance.

November: Scorpio - fixed Water
The Stillness of Water. Becoming aware of the pause between movements. Removing the old to make room for the new to grow.

December: Sagittarius - mutable Fire
The Transforming Fire. Using our passions as fuel for the spiritual path.

Suraiya Ataur Medical Center Chondipur Village, Bangladesh

The **Suraiya Ataur Medical Center (SAMC)** in **Chondipur Village, Bangladesh** is scheduled to open January 2nd 2014.

This occasion has been the life-long dream of the Rahman family as Chondipur Village is their ancestral home. With the founding of a girl's school and boy's orphanage by their great grandfather many years ago, Jamal and his sister Aysu, and brother Kamal, have continued supporting the villagers of Chondipur.

This fall Interfaith Community Sanctuary intends to raise at least \$5,000 to send to Bangladesh to help pay for basic medical supplies, equipment and medications needed for the medical center opening.

You can help us achieve this goal by responding to this request and tithing \$30.00 to the medical center (a PayPal button is on the homepage of our website.) Or, you can attend the Bengali Dinner Fun-raiser scheduled for Saturday October 19th. Invite below. ICS treasurer, Sally Jo has crafted a detailed appeal letter available on our website.

Bengali Dinner Fun-raiser

Saturday evening October 19th ~ 6:30pm Reception, 7:00pm Presentation, 7:30pm Dinner*

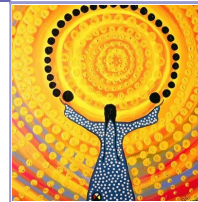
Support the new free Medical Clinic in Chondipur Village, Bangladesh & ICS Saturday evening October 19th
6:30pm Reception 7:00pm Presentation
7:30pm Dinner*

Suggested Love Offering: \$30.00 pp
\$50.00 couple \$12.00 child (12+)
RSVP by 10/16. Voice Mail: 206.783.1618.

Email: sallyjogilbert@gmail.com

*All dishes lovingly prepared, lightly spiced, with vegan, dairy-free and gluten-free options.

"Give me strength to make my love fruitful in service. Give me the strength never to disown the poor or bend my knees before insolent might." ~ Rabindranath Tagore



"Divine Crystal Healing Love"
Soul Time Crystal Energy Activation/Meditation
with Karuna Tina Britton

Friday, September 6th, 7:00-9:30 pm,
\$20-30 sliding scale

Location: I.C.S. Lavender Room. RSVP on Facebook:
<https://www.facebook.com/events/182292405283128/>

When we bring together the strong loving presence of a soul family and a large amplified crystal energy field, there is the opportunity to evolve our lives. There is a way of awakening that is not about trying, but about surrendering to an inner knowing of the body and soul, and about receiving and experiencing all the energies and frequencies needed to transform. In this process, you have the opportunity to: • upgrade your nervous system, • deepen your connection with Spirit/God, • expand your acceptance of yourself, others, and what is.

You have an opportunity to: • experience an increased access to guidance, • as well as heightened feelings of peace and joy.

Group gatherings include the sharing of info, a 45-minute activation / meditation of actively breathing in the energies and frequencies and then a quiet time of integration and sharing of personal experiences and ways of knowing. Come with a willingness to breath, feel, heal and receive.

We would be honored to have you join us. Feel free to call me if you have any questions. 503-735-3120.

Individual sessions will be available the morning of Sat 9/7 by appointment.

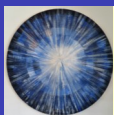
Love and blessings, Karuna

You are invited to friend our [Soul Time Facebook Page](https://www.facebook.com/pages/Soul-Time/171580611723) for photos of our crystal energy grid work and meditations and descriptions of our gatherings.

<https://www.facebook.com/pages/Soul-Time/171580611723>

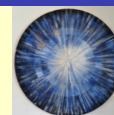
You are welcome to bring your crystals to be activated as well! Much Gratitude to those of you inviting your friends.





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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 ACIM 7-8:30pm [LR]	2	3	4 Occupy Chaplains meeting [FH] 10am—12:30pm. All welcome. For info, call Tsukina: 206.683.2126.	5
6 Worship 10am <i>Honoring the Guest</i> Rev. Judith Laxer “The Veil Between the Worlds” Guiding Council 11:45am —1pm.	7 Estagfirullah Zikr 7:30pm \$ <i>Ballard OddFellows Hall</i> 1706 NW Market St. <i>RumiSeattle.org</i> Jamal class 7pm [FH]	8	9	10 Women’s Si.Si.Wiss Circle 7:00pm (Siswinklae & Heidi) [FH]	11 [LR] Crystal Energy Activation / Meditation with Karuna Tina Britton 7pm \$20-30 sliding scale	12 Crystal Healing <i>private sessions</i> 9-3pm by appointment [LR] Karuna: 503-735-3120
13 Worship 10am Universal Worship Cherag Michael Douglas & Karen Lindquist with Linda Stern, Sally Jo Gilbert de Vargas, Vanessa Newell Healing Circle with Tsukina Blessing Noon-1pm [LR]	14 Jamal class 7pm	15 ACIM 7-8:30pm [LR]	16	17	18	19 Bengali Dinner Fun-raiser RSVP needed (by 10/16) Call office voice mail 206.783.1618 Email: sallyjogilbert (at) gmail (dot) com
20 Worship 10am Worship 10am Imam Jamal Rahman joined by artist Anne Barber-Shams Music: Yanadevi Potluck Renée López shares Kangen Water	21 Zikr of Presence 7:30pm \$ <i>Ballard OddFellows Hall</i> 1706 NW Market Street. <i>RumiSeattle.org</i> Jamal class 7pm [FH]	22	23	24 Women’s Si.Si.Wiss Circle 7:00pm (Siswinklae & Heidi) [FH]	25 Sonic Healing Temple 7-9pm [S] Cherag Michael Douglas	26
27 Worship 10am Rev. Trudy James Rev. Karen Lindquist co-create “Remembrances of Love and Loss” Music: Chigusa Kitai of SilkStrings Koto Ensemble	28 Jamal class 7pm [FH]	29	30	31	<i>A class or workshop with the \$ symbol indicates the facilitator requests more than the standard Love Offering. Some classes with this symbol also request pre-registration, please contact the facilitator before attending.</i>	Room Key [FH] Fellowship Hall [LR] Lavender Room [S] Sanctuary

INTERFAITH COMMUNITY SANCTUARY
1763 NW 62nd Street
Seattle, WA 98107

206.783.1618
info@interfaithcommunitysanctuary.org



Our Mission:
To be a center of light
for all seekers of divine wisdom.

Our Goal:
To encourage personal growth
in unconditional spiritual love.

We are a truly interfaith community dedicated to healing and education.
 We desire our Worship Celebrations and the life of the community to reflect our interfaith openness and welcoming spirit.
 Through our openness, welcoming spirit, and mutual respect, we are a center for healing.

We Believe Interfaith Includes the Following:

We consider all faith and spiritual traditions as paths toward One God.
 We believe each expression of God valuable.
 We honor all expressions of God.
 We welcome individuals from all faith and spiritual traditions.
 We consider each person's path valid for him or her.
 We honor the personal path of each sincere, open, honest seeker.

We Offer the Following Affirmations:

We seek the truth and speak our truth without fear.
 We are open to hearing and learning from each other.
 We reflect on our interfaith vision and nurture it in our hearts.
 We pray for the realization of our interfaith vision!



Ongoing Classes & Devotional Gatherings
 (Love Offering \$5-10)

Al-Andalusia: Pardes-Paradise
 traveling art exhibit
 in Fellowship Hall

MONTHLY GATHERINGS

TWICE MONTHLY GATHERINGS



HEALING CIRCLE:
Second Sunday
each month,
12:00 noon —1pm
in the Lavender Room.

Join us strengthening our own wellbeing through meditation, breath, and sound, then offering ourselves as a vessel for the healing power of the ultimate to pour through for people, places, and the planet in a Sufi healing ritual.

Tsukina Blessing is a healing conductor in the Sufi and Dervish Healing Orders. She has studied healing for more than 15 years, including acupuncture, Raphaelite Work, and Reiki. Email: tsukina@yahoo.com

SONIC HEALING TEMPLE
4th Friday evenings 7-9pm in the Sanctuary.

Come and share presence in a meditative and healing sonic space. Created collaboratively by community musicians, this gathering will focus on using music and sound as a medium of transformation.

The world is made of vibration, and music is a key that can open doors to a different level of experience. Listening deeply helps to focus and calm the soul, creating an opening for healing to happen.

No experience is necessary. You are welcome to sit quietly or move around the space as you feel. For more info call Michael at 206.769.1980.

WOMEN'S Si.Si.Wiss CIRCLE
meets every other Thursday evening 7:00pm
in the Fellowship Hall. This gathering shares First Peoples Northwest Coast traditions and teachings with song, story, dance. Bring drums, rattles, bells... If your way is open, please bring a potluck dish to share. All Women and all children welcome.

Facilitators: Siswinklae Katrina Laurel Boucher with Heidi Malcomson 206-284-9489.
Please Note: This is a clean and sober gathering. Donations accepted for the space and for the teachings. *Please refer to page 3 for dates.*

A COURSE IN MIRACLES:
1st & 3rd Tuesday evenings 7:00—8:30pm
in the Lavender Room.

Ongoing study group of course related topics. All are welcome whether you are new to the course or a long time student.

No fees or dues. Love Offering collected for the meeting space. Contact: Theressia 206.999.6987 or Jonathan 206.713.1237.

Estagfirullah Zikr 1st Mondays and Zikr of Presence 3rd Mondays 7:30 –9pm at Odd Fellows Hall in downtown Ballard 1706 NW Market Street. 98107.

Join us in the traditional spontaneous movement prayer of the Mevlevi dervishes. We move and chant in unison in Remembrance of the Unity of God.

All are welcome. Questions? Call Cherag Michael Douglas 206.769.1980 or Rev. Karen Lindquist divinepresencewithin (at) yahoo (dot) com.

Our Fellowship Hall is currently displaying the traveling art exhibit **Al-Andalusia: Pardes/Paradise** created by Anne Shams. It is comprised of 11 paintings and 9 calligraphed hanging odes.

Below is some information from Anne Shams website about her inspiration for the exhibit:

For seven centuries in southern Spain, or al-Andalus, Paradise was created in the cross fertilization and freedom between three major cultures: Jewish, Christian, and Muslim.

In 755 AD Abd al-Rahman, began an era that assimilated the architectural styles in Spain, with Arabian motifs. He built the Great mosque in Cordoba within the existing church that survives today. The rich synthesis and mixture of the three cultures prevailed while in northern Europe books were being burned and cultures destroyed, al-Andalus was creating and preserving them. The exhibit is inspired by and is an homage to this time. View website: http://www.anneshamsart.info/Anne_Shams_Art/al-andalus_gallery.html

Meet the Artist! Sunday October 20th Anne Barber-Shams will share the morning Message with Jamal Rahman and all will be able to meet the artist and view the exhibit during the potluck.

Prints and notecards featuring the paintings and booklet of the entire exhibit is available for purchase. See Sally Jo. The Exhibit will be on display through Sunday November 3rd, Noon.