### Hinduism

Om bhur bhuva suvah tat savatur varenyam Bhargo devasya dhimahi Dhiyo yo na pracodayat

(We meditate on the glory of that Being who has produced this universe; may She enlighten our minds. Translation by Swami Vivekananda.)

Rig Veda 3.62.10

### Buddhism

May all beings everywhere plagued by sufferings of body and mind Obtain an ocean of happiness and joy by virtue of my merits. May no living creature suffer, commit evil, or ever fall ill. May no one be afraid or belittled, with a mind weighed down by depression.

### The Bodhisattva Vow of Shantideva

### Zoroastrianism

Ashem vohu Vahishtem asti Ushta asti; Ushta ahmaahi Hyat ashaai Vahishtaai ashem.

(Righteousness is the best good and it is happiness. Happiness is to him/her who is righteous for the sake of the best righteousness.)

#### Zoroastrian prayer recited daily.

#### Taoism

The way that becomes a way is not the Immortal Way the name that becomes a name is not the Immortal Name the maiden of Heaven and Earth has no name the mother of all things has a name thus in innocence we see the beginning in passion we see the end two different names for one and the same the one we call dark the dark beyond dark the door to all beginnings

Translated by Red Pine (Bill Porter) (1996)

# Indigenous

O, Wakan Tanka, whose voice I hear in the wind, whose breath gives life to all the world. Hear me; I need your strength and wisdom. Let me walk in beauty, and make my eyes ever behold the red and purple sunset. Make my hands respect the things you have made and my ears sharp to hear your voice.

## Lakota Prayer. Translated by Yellow Lark

## Jewish

HEAR, O ISRAEL: THE HaShem OUR GOD, THE HaShem IS ONE.

And thou shalt love HaShem thy G-d with all thy heart, and with all thy soul, and with all thy might. And these words, which I command thee this day, shall be upon thy heart;

and thou shalt teach them diligently unto thy children, and shalt talk of them when thou sittest in thy house, and when thou walkest by the way, and when thou liest down, and when thou risest up.

And thou shalt bind them for a sign upon thy hand, and they shall be for frontlets between thine eyes. And thou shalt write them upon the door-posts of thy house, and upon thy gates.

Deuteronomy 6:4-9, JPS

# Christianity

When Jesus saw the crowds, he went up the mountain, and after he sat down, his disciples came to him. And he began to speak and taught them, saying:

"Blessed are the poor in spirit, for theirs is the kingdom of heaven.

"Blessed are those who mourn, for they will be comforted.

"Blessed are the meek, for they will inherit the earth.

"Blessed are those who hunger and thirst for righteousness, for they will be filled.

"Blessed are the merciful, for they will receive mercy.

"Blessed are the pure in heart, for they will see God.

"Blessed are the peacemakers, for they will be called children of God.

"Blessed are those who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven.

"Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account.

Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you.

*Matthew* 5:1-12

### Islam

In the name of God Most Gracious Most Merciful Praise be to God the Cherisher and Sustainer of the Worlds Most Gracious Most Merciful Master of the Day of Judgement Thee do we worship and Thine aid we seek Show us the Straight Way The way of those on whom thou has bestowed Thy Grace those whose portion is not wrath and who do not go astray.

Qur'an Surah 1: 1-7 Translation of Abdullah Yusef Ali

## Truth

O Thou, who art the maker, modeler and builder of the universe Build with Thine one hands the universal. Our temple for Thy divine message of love, harmony and beauty. Amen

Hazrat Inayat Khan