## Hinduism

Om bhur bhuva suvah
tat savatur varenyam
Bhargo devasya dhimahi
Dhiyo yo na pracodayat
(We meditate on the glory of that Being who has produced this universe; may She enlighten our minds.)

Rig Veda 3.62.10 Translated by Swami Vivekananda

## Buddhism

May all beings everywhere plagued by sufferings of body and mind
Obtain an ocean of happiness and joy by virtue of my merits. May no living creature suffer, commit evil, or ever fall ill.
May no one be afraid or belittled, with a mind weighed down by depression.

## The Bodhisattva Vow of Shantideva

## Zoroastrianism

Ashem vohu Vahishtem asti
Ushta asti; Ushta ahmaahi
Hyat ashaai Vahishtaai ashem.
(Righteousness is the best good and it is happiness. Happiness is to him/her who is righteous for the sake of the best righteousness.)

## Zoroastrian prayer recited daily.

## Taoism

The way that becomes a way
is not the Immortal Way
the name that becomes a name
is not the Immortal Name
the maiden of Heaven and Earth has no name
the mother of all things has a name
thus in innocence we see the beginning
in passion we see the end
two different names
for one and the same
the one we call dark
the dark beyond dark
the door to all beginnings
Translated by Red Pine (Bill Porter, 1996)

## Indigenous

O, Wakan Tanka, whose voice I hear in the wind, whose breath gives life to all the world. Hear me; I need your strength and wisdom. Let me walk in beauty, and make my eyes ever behold the red and purple sunset. Make my hands respect the things you have made and my ears sharp to hear your voice.

Lakota Prayer. Translated by Yellow Lark

## Jewish

HEAR, O ISRAEL: THE HaShem OUR GOD, THE HaShem IS ONE.
And thou shalt love HaShem thy G-d with all thy heart, and with all thy soul, and with all thy might.
And these words, which I command thee this day, shall be upon thy heart;
and thou shalt teach them diligently unto thy children, and shalt talk of them when thou sittest in thy house, and when thou walkest by the way, and when thou liest down, and when thou risest up. And thou shalt bind them for a sign upon thy hand, and they shall be for frontlets between thine eyes.
And thou shalt write them upon the door-posts of thy house, and upon thy gates.

Deuteronomy 6:4-9, JPS

## Christianity

When Jesus saw the crowds, he went up the mountain, and after he sat down, his disciples came to him.
And he began to speak and taught them, saying:
"Blessed are the poor in spirit, for theirs is the kingdom of heaven.
"Blessed are those who mourn, for they will be comforted.
"Blessed are the meek, for they will inherit the earth.
"Blessed are those who hunger and thirst for righteousness, for they will be filled.
"Blessed are the merciful, for they will receive mercy.
"Blessed are the pure in heart, for they will see God.
"Blessed are the peacemakers, for they will be called children of God.
"Blessed are those who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven.
"Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account.
Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you.

Matthew 5:1-12

## Islam

In the name of God Most Gracious Most Merciful
Praise be to God the Cherisher and Sustainer of the Worlds
Most Gracious Most Merciful
Master of the Day of Judgement
Thee do we worship and Thine aid we seek
Show us the Straight Way
The way of those on whom thou has bestowed Thy Grace those whose portion is not wrath and who do not go astray.

Qur'an Surah 1: 1-7 Translated by Abdullah Yusef Ali

## Truth

O Thou, who art the maker, molder and builder of the universe Build with Thine own hands the Universal.
Our temple for Thy divine message of love, harmony and beauty. Amen

Hazrat Inayat Khan

