

Universal Worship Readings
“Sanctuary for Healing”
April 13, 2025

Hinduism

God, my Lord! You are my Savior, the Destroyer of all distress, the Mitigator of all pain and suffering, and the Bestower of bliss, peace and tranquility. I surrender myself to You, Oh Lord, Who are my Father and my Mother. Shower Your grace on me, Your child. Oh, Redeemer from all sins, the Remover of all darkness, Oh, Adorable One! I meditate upon Your sublime grace, so that I may become virtuous. Abiding in my intellect, Oh Lord, stimulate my mental faculties and guide me in the right path.

Hindu Prayers for Healing

Buddhism

I vow that in a future life; when I have attained Supreme Enlightenment; sentient beings inflicted with various illnesses, with no one to help them, nowhere to turn, no physicians, no medicine, no family, no home, who are destitute and miserable—will, as soon as my name passes through their ears, be relieved of all their illnesses. With mind and body peaceful and contented, they will enjoy home, family and property in abundance and eventually realize Unsurpassed Supreme Enlightenment.

The Medicine Buddha Sutra, p 21 (trans. Minh Thanh & PD Leigh)

Zoroastrianism

(O Ahura), Clearly reveal to me the Wise Guide, the Healer of Souls, connected to You through obedience and to humanity through love, as those whom You love are filled with both of these.

Yasna 44:16 (trans. M. Douglas)

Taoism

To know you do not know is best; not to know that one does not know is to be flawed.

One who sees his flaws as flaws is therefore not flawed.

The sage is flawless. He sees his flaws as flaws, therefore he is flawless.

Tao Te Ching (trans. Robert Eno)

Indigenous

Hey! Learn to hear my feeble voice.
At the center of the sacred hoop,
You have said that I should make the tree to bloom.

With tears running, O Great Spirit, my Grandfather,
with running eyes I must say the tree has never bloomed.

Here I stand and the tree is withered.
Again, I recall the great vision you gave me.

It may be that some little root of the sacred tree still lives.
Nourish it then that it may leaf and bloom and fill with singing
birds!

Hear me, that the people may once again find the good road and the shielding tree.

Earth Prayer, Black Elk

Judaism

Heal me, O LORD, and I shall be healed;
Save me, and I shall be saved;
For Thou art my praise.

Jeremih 17:14 (JPS trans.)

Even to your old age and gray hairs I am the One. I am the One who will sustain you. I have made you and I will carry you; I will sustain you and I will rescue you.

Isaiah 46:4 (JPS trans.)

Christianity

Are not two sparrows sold for a penny? Yet, not one of them will fall to the ground outside your Father's care. And even the very hairs of your head are all numbered. So don't be afraid, you are worth more than many sparrows.

Matthew 10:29-31

My grace is all you need, for my power is the greatest when you are weak.

2 Corinthians 12:9

Islam

"Say, 'Nothing will ever befall us except what Allah has destined for us. He is our Protector.' So, in Allah let the believers put their trust."

Surah Al-Tawbah 9:51

It is Allah who created you in a state of weakness, then developed 'your' weakness into strength, then developed 'your' strength into weakness and old age. He creates whatever He wills.

Surah Ar-Rum 30:54

Truth

There is warmth in fire, and there is a greater warmth in feeling. The presence of a person with warm feelings can create an atmosphere of warmth and the presence of the cold-hearted can freeze one.

Hazrat Inayat Khan, Vol. 4, Healing and The Mind World, The Application of Healing Power, Healing by Presence

The secret of healing is to rise by the power of belief above the limitations of this world of variety, that one may touch, by the power of intelligence the oneness of the whole Being. It is there that one is charged with the almighty power and it is by the power of that attainment that one is able to help oneself and others in their pain and suffering. Verily, spirit is all the power there is.

Hazrat Inayat Khan (<https://www.inayatiyya.at/wp-content/uploads/2022/08/sufi-news-2011-healing.pdf>)