



Earth Circle Summer Retreat

August 8, 2026 8:30 AM – 4:30 PM
Carkeek Park in Seattle

We will start the day with a Medicine Wheel teaching. Summer is in the South direction on the Medicine Wheel of many cultures. After a quick overview of the entire Medicine Wheel, we will concentrate on the energy of the South.

You will have time to wander the beautiful land of Carkeek Park. Then we will gather again at the starting circle and we will have Council time during which everyone who wishes can share whatever is in their heart.

Cost: sliding scale \$10- \$40 (all funds go to ICS)

Register: contact Elizabeth Uding via email,
woodfrog789@gmail.com, be sure to put “Summer Retreat” in
the subject line.

Contact me if you have questions. 206-769-4710