



with Elizabeth Dequine and Friends

SINGING AND DANCING FOR UNIVERSAL PEACE

Join ICS for interactive evening of interfaith
chants, sacred movements and live music.

Friday, October 16 2026

7:00pm - 9:00pm

Interfaith Community Sanctuary

1763 NW 62nd Street

Seattle, WA 98107

The Dances of Universal Peace are simple, meditative, multicultural circle dances using sacred phrases, live music, and simple movements to touch the spiritual essence within ourselves and each other. A transformative spiritual practice, the Dances are rooted in the celebration of all the world's wisdom traditions to inspire harmony and peace. All are welcomed into the circle to hold hands in an embodied prayer of Unity.

Elizabeth Dequine is a dance leader and coordinator for Dances of Universal Peace International. She leads dances in Seattle, Guatemala and Mexico. Under Elizabeth's joyful and heartfelt teaching style, the dances help us dissolve barriers and embrace an understanding of different faiths, cultures and life experiences.

www.seattledancesofuniversalpeace.org

