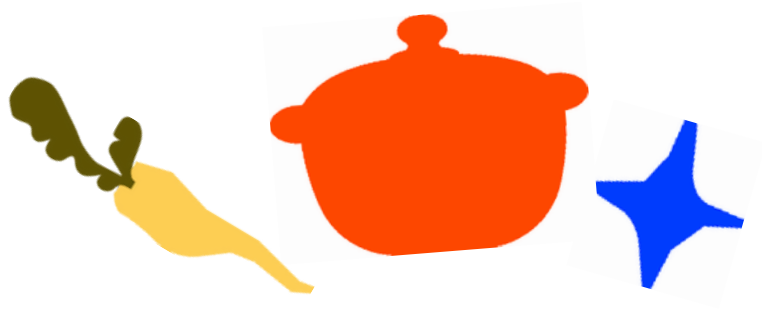


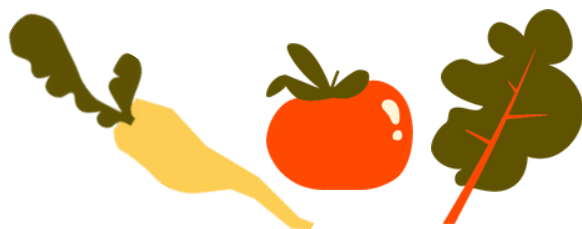
Most-Needed Items

- Pasta and rice
- Canned meat
- Peanut butter and jelly
- Canned vegetables, fruits, and beans
- Side dishes (mac & cheese, ramen, Rice-A-Roni)
- Soup
- Cereal and oats



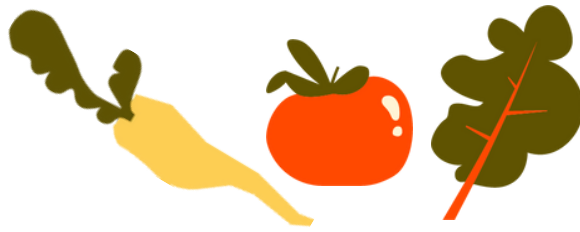
Holiday Wish List

- Masa harina
- Canned beans & black eyed-peas
- Canned pumpkin, cranberries, green beans
- Lentils and chickpeas
- Rice noodles
- Canned coconut milk
- Cornmeal
- Baking ingredients (flour, sugar, sweetened condensed milk)
- Spices, seasonings, condiments
- Side dishes (Jiffy corn muffin mix, instant mashed potatoes)
- Oil
- Gravy packets & stuffing
- Cream of mushroom/cream of chicken soup



Most-Needed Hygiene Items

- Razors
- Laundry pods
- Bar soap
- Lotion
- Combs
- Tampons and pads
- Cough drops
- Toilet paper
- Deodorant
- Dish soap
- Body wash
- Tissues
- Vitamins
- Shampoo and conditioner
- Incontinence pads and underwear
- Cold/flu medication
- Pain medication (Ibuprofen, Aspirin, etc.)
- Diapers and baby wipes



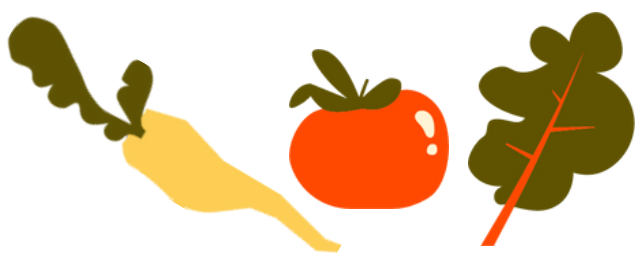
Most-Needed Items for Children

- Granola bars
- Organic mac & cheese
- Individual packages of nuts or trail mix
- Single-serve instant oatmeal
- Snack size fruit cups (in their own fruit juices)
- Baby soap and shampoo
- Laundry pods
- Diapers (sizes 1-6)
- Baby food
- Baby formula
- Diaper rash cream
- Baby wipes
- Childrens' Tylenol
- Fruit & veggie pouches
- Teething snacks

Giving Garden & Produce Wish List

*We're happy to receive anything you wish to grow!
But the following items are particularly popular
among our shoppers.*

- Beets
- Bok choy
- Cabbage
- Carrots
- Cucumbers
- Green onions/leeks
- Greens
- Herbs (trimmed & labeled)
- Jalapenos
- Lettuce
- Onions
- Radish
- Spinach
- Squash
- Sweet potatoes
- Turnips



**Ballard
Food Bank**
A Hub for Hope



Pet Food & Supply Drive for Ballard Food Bank



**Ballard
Food Bank**



Help us collect food and supplies for the pets of Ballard Food Bank!

Our Wish List:

- Dry dog food
- Dry cat food
- Canned dog/cat food
- Cat litter
- Dog/cat treats
- Pet waste bags